

What it is:

When artfully injected beneath the skin, cosmetic fillers **IMMEDIATELY plump deep facial lines and fill sunken areas of the face** to temporarily restore a smoother, more youthful appearance **without surgery**.

Ideal for plumping the lips (**FRENCH LIPS™**); rejuvenating the lip line (**lipstick bleed lines**); filling nasolabial folds (**marionette lines**); and filling grooves under the eyes (**non surgical eye lift**).

Features & Benefits:

- Improve the appearance of wrinkles and facial folds by adding structure and volume with minimal downtime
- Treatments are customized to each patient
- For optimal results, dermal fillers are often combined with Botox® Cosmetic in a customized **"Face Cocktail"** to deliver what is known as the **"Liquid Face Lift"**

Duration of Benefits:

- Approximately six to twelve months (varies by filler)

By Filler:

- **Restylane®** is a hyaluronic acid gel that closely resembles the body's own hyaluronic acid – the naturally occurring substance which creates volume and hydration in the skin. It is used to provide structural support and smooth away **moderate** facial wrinkles and folds. Restylane® lasts **four to six months**
- **Juvéderm™** is a smooth consistency gel made of hyaluronic acid that is injected under the skin to instantly restore volume and smooth away facial wrinkles and folds. Juvéderm™ lasts for **up to one year**
- **Perlane®** is a cosmetic dermal filler made of hyaluronic acid and is used to fill moderate to severe facial wrinkles and folds. Perlane® lasts **four to six months**
- **Radiesse®** is made of calcium-based microspheres suspended in a water-based gel. Radiesse is used for the correction of **DEEP facial lines** and **wrinkles** and lasts **nine to twelve months**

Duration of Treatment: 30 Minutes

Treatment Protocol:

- Disinfection of injection site
- Application of topical anesthetic
- Customized spa treatment ritual (10 minutes)
- Injectable dental block (10 minutes)
- Injection procedure (five minute wait time)
- Icing (15 minutes)

Candidates:

- Ideal for patients in their 30's, 40's, 50's and beyond with moderate to deep wrinkles and facial folds
- Ideal for all skin types

Contraindications:

- Patients on blood thinners
- Individuals with previous severe allergic reactions, particularly to certain microorganisms known as gram positive bacteria or drug allergies that required in-hospital treatment
- Patients with bleeding disorders
- Individuals with active skin sores, pimples, rashes, hives, cysts or infection
- If you have previously suffered from facial cold sores, discuss this with your doctor
- This procedure should not be administered to pregnant or breastfeeding (lactating) women

What to Expect:

- Cosmetic fillers deliver immediate results, but are not pain free. A dental block which numbs the face temporarily is used to block pain during the injection process
- Some bruising and swelling may remain for up to a week

Downtime/Recovery:

- You may experience minor swelling, bruising or redness, which will normally last less than seven days

Pre-treatment Guidelines:

Facial Fillers

One week before injection:

- Refrain from using aspirin, Advil®, Motrin®, non-steroidal anti-inflammatory medications, St. John's Wort or high doses of Vitamin E supplements, flaxseed oil, fish oil, omega 3 and 6 and any other product that can thin the blood, as excess bruising may occur
- **To help minimize bruising and swelling, pick up J PAK System No. 1** at our office, or order online at www.JPAKSystems.com

One day before injection:

- Begin using J PAK System No. 1 one day prior to your injections

***Post-treatment Recommendations/Prescriptive Care:
Facial Fillers***

- Ice for swelling or redness
- Do not manipulate the area that was treated
- Avoid alcohol immediately after injections as it may increase your potential for bruising
- Continue to avoid all medication and supplements that thin the blood for at least one week post injection as excessive bruising may occur
- Take **J PAK System No. 1 twice daily for four days** following your procedure

Daily Skincare Routine:

- You may resume a regular skincare regimen immediately after injections
- For optimal anti-aging results, Dr. Jacono recommends:
 - A gentle, non-drying cleanser
 - A daily exfoliant—either a manual exfoliant (at home microdermabrasion) or an alpha hydroxy acid. Ask your esthetician for specific product recommendations
 - A daily moisturizer with an SPF of 25 or higher
 - A Vitamin A derivative (such as Retinol, Retin-A, Renova or Tretinoin) nightly

Follow Up Visit:

- A follow up visit is generally not necessary
- **Call the office immediately if you have any unexpected problems after the procedure**

Return Visits Suggested:

Date: _____

Technician Name: _____

Notes: _____
